DECEMBER 2026 GLEN ROCK

Elementary/Pre-K Lunch

POMPTONIAN FOOD SERVICE

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
SunButter & Jelly Sandwich w/ Pretzels & String Cheese Paris Café: Assorted Cheeses w/ Sweet Grapes & a Baguette Slice or Mini Croissant Grilled Chicken Caesar Salad w/ a Dinner Roll	Boar's Head Turkey BLT Roll-Ups Grab 'n Go Yogurt Box: Yogurt w/ String Cheese, Pretzels & Fruit Healthy Hummus Meal w/ Pita Triangles & Pretzels Plant-Based Meatball Hero	Wild West: Boar's Head Ham w/ Cheese on a Whole Grain Wrap Peach Yogurt Parfait w/ Granola Grilled Chicken Cobb Salad w/ a Dinner Roll Plant-Based Tenders w/Tortilla Rounds	Grilled Chicken Caesar Wrap Bagel Lunch: White or Whole Grain Bagel w/ Cream Cheese, Fruit & Vegetable Chicken Chopped Salad w/ Ranch Dressing & a Roll Black Bean Burger on a Bun	Boar's Head Italian Sub Cereal Lunch w/ a Low-Fat Cheese Stick, Yogurt & Fruit Chicken Salad Bento Box w/ Grapes & Pita Bread Impossible Burger on a Bun
	1 Cheeseburger w/ Sweet Potato Fries Beef Burger w/ Sweet Potato Fries Vegan Impossible Burger w/ Sweet Potato Fries Pizzeria Pizza Chicken Tenders w/ Roasted Veggies **Double Hot**	2 EARLY DISMISSAL **NO LUNCH SERVICE**	3 EARLY DISMISSAL **NO LUNCH SERVICE**	4 BBQ Beef Rib w/ Mashed Potatoes Pizzeria Pizza Pasta & Meatballs w/ a Dinner Roll **Double Hot**
7 French Bread Pizza Pizzeria Pizza Mozzarella Sticks w/ Marinara Sauce & Italian Bread **Double Hot**	8 Chicken Parmesan on a Bun Pizzeria Pizza Chicken Nuggets w/ French Fries **Double Hot**	9 3-Cheese Cavatappi w/ a Dinner Roll Pizzeria Pizza French Toast Sticks w/ Syrup, a Sausage Patty & Hash Brown Potatoes **Double Hot**	10 Baked Organic Mac & Cheese: Organic Pasta, Organic Cheddar Cheese & Organic Milk Pizzeria Pizza Popcorn Chicken w/ Tater Tots & a Dinner Roll **Double Hot**	11 Sabrett All-Beef Hot Dog w/ Waffle Fries Pizzeria Pizza General Tso's Chicken w/ Rice & Broccoli **Double Hot**
14 Cheese Stuffed Shells in Pink Sauce w/ Mixed Veggies Pizzeria Pizza Chicken Nuggets w/ Dipping Sauce & a Dinner Roll **Double Hot**	15 Large Hearty All-Natural Chicken Soup w/ a Whole Grain Roll Pizzeria Pizza Jersey Fresh Tomato Basil Baked Ziti w/ Garlic Bread **Double Hot**	16 Organic Chicken & Cheese Quesadilla or Organic Cheese Quesadilla w/ Chips Pizzeria Pizza Chicken Fillet on a Bun w/ Mashed Potatoes **Double Hot**	17 Pork Sausage, Peppers & Onions on a Hero Roll Pizzeria Pizza Pasta w/ Meat Sauce **Double Hot**	18 Organic Beef Burger on a Brioche Bun w/ Organic Cheddar Cheese & Ketchup w/ Fresh Baked Seasoned Potato Wedges Pizzeria Pizza Chicken & Waffles **Double Hot**
21 Potato & Cheese Pierogi w/ Hot Dog Bites Pizzeria Pizza Chicken Fillet Parmesan w/ French Fries **Double Hot**	22 Homemade Tomato Soup w/ a Grilled Cheese Sandwich Pizzeria Pizza Pancakes w/ Egg Patty **Double Hot**	23 EARLY DISMISSAL **NO LUNCH SERVICE**	24 NO SCHOOL WINTER BREAK	25 NO SCHOOL WINTER BREAK

28	29	30	31
NO SCHOOL WINTER BREAK	NO SCHOOL WINTER BREAK	NO SCHOOL WINTER BREAK	NO SCHOOL WINTER BREAK

Go to
https://glenrock.pomptonianmenus.com/order
to place an order by credit card.



Fruits & vegetables from The Farm Stand are included with lunch.

FOOD ALLERGIES

Allergy-Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

Traditional Lunch - $5.30 per meal
Double Hot Traditional Meal - $7.00
Boar's Head Deli & Featured Favorite Lunches - $6.00 (Double Hot not available)
Premium Lunch - $6.30 (Double Hot not available)
Organic Lunch - $7.50 (Double Hot not available)
2-Slice Pizza Meal - $6.75

Upgrade your Milk Selection!
Add an Organic Milk or Organic Chocolate Milk to your order for $3.00 found in the BEVERAGE OR SNACK menu

A Complete Meal Includes:

Entrée w/ Protein/Grain
A Trip to The Farm Stand
Low-Fat Flavored Milk, Skim Milk, 1% Milk, or 4 oz. Pure Fruit Juice

Any questions, call Food Service Director at 201 445-7700 ext. 8965

Menu Subject to Change

Everything on this Menu is baked not Fried

Your comments are important to us. Please email us at comments@pomptonian.com